has besides a formation of consciousness which
projects itself beyond all these sheaths and forms a
circumconscient, an environing part of itself, through
^vhich it receives the contacts of the world and can
become aware of them and deal with them before
they enter. The subliminal is able to widen in-
definitely this circumconscient envelope and more
and more enlarge its self-projection into the cosmic
-existence around it. A point comes where it can
break through the separation altogether, unite,
identify itself with cosmic being, feel itself universal,
one with all existence. In this freedom of entry into
cosmic self and cosmic nature there is a great
liberation of the individual being; it puts on a
cosmic consciousness, becomes the universal indi-
vidual. Its first result, when it is complete, is the
realisation of the cosmic spirit, the one self
inhabiting the universe, and this union may even
bring about a disappearance of the sense of
individuality, a merger of the ego into the world-
being. Another common result is an entire
openness to the universal Energy so that it is felt
•acting through the mind and life and body and the
sense of individual action ceases. But

more usually
there are results of less amplitude; there is a direct
awareness of universal being and nature, there is a
greater openness of the mind to the cosmic Mind
and its energies, to the cosmic Life and its energies,
to cosmic Matter and its energies. A certain sense
of unity of the individual with the cosmic, a
perception of the world held within one's conscious-